## Your Rights 专事基

Family Spirit is committed to you knowing your rights, please take some time to read through the following. If you have any question make sure you ask your Case Manager when they visit or you can email us at Family Spirit admin@familyspirit.org



You have the right to have contact with your family and community.



You have the right to be told why you are in care and to keep a record of your time in care.



You have the right to ask for any information that is being kept about you, to read your file and to add any information to your file.



You have the right to be treated fairly.



You have the right to be treated with respect.



You have the right to feel safe and not be abused.



You have the right to complain.



You have the right to services that promote your health and wellbeing.



You have the right to ask for extra help with your education.



If you have to go to court, you have the right to be helped and supported.



You have the right to do things that you enjoy.



your own beliefs and way of life.



You have the right to make choices about everyday matters.



You have the right to say what you are thinking and feeling.



You have the right to take part in making important decisions affecting your life.



Before leaving care, you have the right to be involved in planning the kind of support and assistance you may need after leaving care.

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**Family Spirit**